

January 2019 - Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Grades 9-12 Breakfast

MENUS ARE SUBJECT TO CHANGE

12-31 Crunchy Cereal V Fruit- S Fruit Juice Got Milk	1-1 NEW YEAR'S DAY HOLIDAY	1-2 Cinnamony Pancakes V Fruit – S Fruit Juice Got Milk	1-3 Beef Chorizo & Cheese Wrap Fruit- \$ Fruit Juice Got Milk	1-4 Café LA Coffee Cake – V Fruit– S Fruit Juice Got Milk
1-7 Crunchy Cereal V Fruit- S Fruit Juice Got Milk	1-8 Morning Beef Sausage Sandwich Fruit- S Fruit Juice Got Milk	1-9 Fiesta Bean & Cheese Burrito V Fruit - S Fruit Juice Got Milk	1-10 Manager's Choice Fruit- S Fruit Juice Got Milk	1-11 Chocolate Crescent – V Fruit – S Fruit Juice Got Milk
1-14 Café LA Coffee Cake – V Fruit – S Fruit Juice Got Milk	1-15 Egg & Cheesy Taco Fruit - \$ Fruit Juice Got Milk	1-16 French Toast Trio V Fruit - S Fruit Juice Got Milk	1-17 Beef Chorizo & Cheese Wrap Fruit- S Fruit Juice Got Milk	1-18 Egg & Cheese Wrap – V Fruit– S Fruit Juice Got Milk
DR. MARTIN L. KING BIRTHDAY HOLIDAY	1-22 Crunchy Cereal V Fruit - S Fruit Juice Got Milk	1-23 Fiesta Bean & Cheese Burrito V Fruit - S Fruit Juice Got Milk	1-24 Egg & Cheese Sandwich V Fruit- S Fruit Juice Got Milk	1-25 Cinnamony Pancakes – V Fruit - S Fruit Juice Got Milk
1-28 Café LA Coffee Cake – V Fruit– S Fruit Juice Got Milk	1-29 Egg & Cheesy Taco Fruit - \$ Fruit Juice Got Milk	1-30 Mini French Toast Bites V Fruit - S Fruit Juice Got Milk	1-31 Manager's Choice Fruit- S Fruit Juice Got Milk	2-1 Egg & Cheese Wrap - V Fruit- S Fruit Juice Got Milk

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (**S**) can be saved for later **V**: Vegetarian items

Posted 12/24/18

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